

MAY

2020
Lacombe Lodge Mid-Month News



Mid-month update...

It has been pretty nice out some days lately, when it hasn't been windy...we are glad you are getting out and getting some fresh air but we want to remind you that our restrictions are still in place. We ask that you stay on our grounds when outside and we still require ALL VISITORS to book appointments for visits and wear masks while having these visits. Make sure to practice social distancing. If we all adhere to the restrictions (this includes your visitors) we will hopefully continue to be virus free.

Inside this news letter there is a schedule of a few activities we are going to start, however please be aware that we may have cancellations depending on AHS.

It is nice to see some of the stores and services opening up out in the community but please understand that we are asking you to limit your outings still to “essential appointments” only. We are still under Alberta Health Services restrictions. This has been a hard situation for everyone to get used to but if we all continue to practice patience...we will get through it and get back to normal eventually. Our staff are always here to answer questions as best as possible and help in any way they can.

“God has perfect timing, never early, never late. It takes a little patience and it takes a lot of faith, but its worth the wait”...Anonymous



Activities schedule for remainder of May!

5 people maximum at all activities

- May 19th: Stay Fit at 10:30 in dining room
Group Walk at 1:30 (meet in lobby)
- May 20th: Plaid Day! (pull out your plaid shirt, pants kilt or skirt today)
- May 21st: Express Footcare (please sign up on board in dining rm)
Stay Fit at 10:30 in dining room
Group Walk at 1:30 (meet in lobby)
- May 22nd: Fireside Reading at 10:00 in FP Lounge
Group Walk at 1:30 (meet in lobby)
- May 26th: Stay Fit 10:30 in dining room
Group Walk at 1:30 (meet in lobby)
- May 27th: **Green Day!** (Wear green today!) 
- May 28th: Stay Fit 10:30 in dining room.
Group Walk at 1:30 (meet in lobby)
- May 29th: Fireside Reading at 10:00 in FP Lounge
Group Walk at 1:30 (meet in lobby)

Activities are subject to change depending on AHS updates.



A Nun's Tale

Sister Mary was truly a religious woman. Besides for her duties as a nun, she was also very active in various hospitals visiting sick patients and taking care of all their needs. So it was no surprise that one day when she ran out of gas, the only container she could find to put the gas into was a bedpan. Sister Mary happily walked two blocks to the closest gas station filled up the bedpan with gas and headed back to her car. Luck would have it that as Sister Mary started tipping the gas into the fuel tank, the traffic light turned red and she had quite a large audience witnessing the spectacle. Just when she finished pouring in the last drops of gas a fellow opened up his window and hollered, "I swear! If that car starts I'm becoming a religious man!"



First Day of Retirement

My mother was browsing in a store when a saleswoman offered assistance. Mom admitted she didn't have anything particular in mind, and the pair started chatting. The woman quickly learned that Mom was retired. Interested, she confessed that she, too, was considering retirement. Mom immediately started telling her how much she liked no longer working and how the saleswoman would enjoy it too. Finally, convinced by Mom's enthusiasm, she asked, "How long have you been retired?" Mom said, "This is my first day." – *Lee Beacham*

